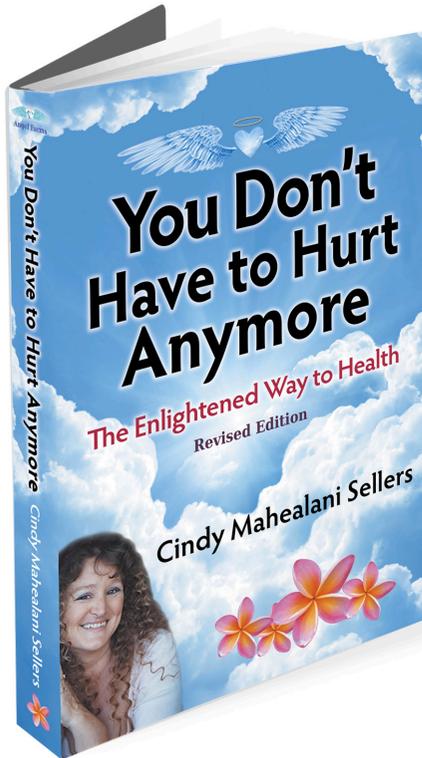


# You Don't Have To Hurt Anymore



*You Don't Have To Hurt Anymore* is based on Cindy Sellers' 25 years of experience is working with over 5000 clients worldwide at her Cleansing and Rejuvenation Center in Hawaii. It contains vital tools and answers on how the body works. In it you learn the importance of water and how the major organs are connected to thoughts and feelings. It is also a great resource on foods you should eat to heal your organs and keep yourself in an optimal state of health.

She became a healer in 1989 after reversing a back injury from a car wreck through the practices and therapies she now shares. She has witnessed the importance of including emotional and spiritual healing with colon hydrotherapy to help people come back into balance and health.

**Miracles happen at Angel Farms!**

**Honored with 8 Book Awards!**

## Great inspiration & reference for healing options!

*This is a great book. It includes the wisdom and experience of a heart filled woman who has helped many, including me, journey toward health and wholeness. — Beah R.*

## This book changed my life!

*I am fortunate enough to have read this book and to actually go to Angel farms. It it a roadmap through your body, mind and emotions, straight to your heart and love. The book is full of information to educate you on how to truly care for your body, and best of all to love yourself. — Jeanine*

## Best Health and Wellness book ever written!

*I have found this book to be the most beneficial book I have ever read on the topics of health and well being. — T. Walker*

## A literary and heartfelt contribution to spiritual growth ...

*This book has exceptional merit that makes a literary and heartfelt contribution to spiritual growth, conscious living, high-level wellness, green values, responsible leadership and positive social change, as well as body education and inspiration. — Marilyn*



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Cleansing and Rejuvenation Center

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