



## Angel Farms

Cleansing and Rejuvenation Center

This book is rich in answers to questions you have always wanted and needed to know to be very healthy, Spiritually, Physically, Emotionally, and Mentally.

*Miracles Happen.*



Your **HEART** pumps 2,000 gallons per day at 48 miles per hour.



Your **LUNGS** are the surface space of a tennis court.



Your **PANCREAS** produces 325 different enzymes.



Your **LIVER** is a filter system and does 535 functions.



Your **DIAPHRAGM** is the unifying of the body, mind, and breath.

Angel Farms Cleansing and Rejuvenation Center, currently located in Hawaii, has over 5000 satisfied clients worldwide.

*This Cleanse helps your body catch up with your consciousness with love and education.*

Cindy Sellers became a Healer in 1989 after reversing a back injury from a car wreck. She has assisted thousands of Angels in making the transition from fear to Love for over 23 years. She has witnessed the importance of including emotional and spiritual healing with colon hydrotherapy.

**angelfarms.com**  
**hawaii10daycleanse.com**  
808-965-0781



# You Don't Have To Hurt Anymore

*The Enlightened Way To Health*

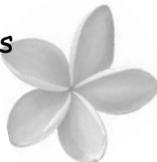


**Cindy Mahealani Sellers**





This book will challenge your beliefs and perceptions about life and who you are! Are you truly ready to change your life and not hurt anymore?



## Testimonials

**A glimpse of what is in this amazing book...  
in just the first two chapters.**

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*This handbook for health contains fresh, simple and invaluable information to help experience complete vitality and well-being.*  
—Marci Shimoff, Angel Graduate and NY Times bestselling author, *Chicken Soup For The Soul*.

*I am reading your book and just finished reading the section on the heart. As I am reading through the book, it is like some sections you have written just for me. I am trying really hard to drink a gallon of water a day (and spending a lot of time in the bathroom) and to send my love and gratitude to the water within me. There are several other tools I am trying to integrate as well as I read through the book. I think I will need to read it three or four times to get the most out of it. It really is an amazing book filled with great information! I know a number of people who would benefit greatly from reading it.* — Jennifer, Canada

*Your book is absolutely fantastic!! You did such a great job Cindy.*  
— Eva, California

*I'm writing to thank you for the gift of "You don't have to hurt anymore." I recently completed reading it and now will surely use it as a valuable ongoing reference book, it's so filled with such great value. I think it's the first book of it's type, (and I've read a few) that I just couldn't put down, the adventure through the body as you write it is engaging and fascinating. I was left with a certainty that to do the cleanse at Angel farms would offer nothing less than miracles, and yet those new perspectives can begin right now with what I've learned or remembered from your writings. Things like foods to eat each day, and the reminder to drink plenty of water, just to name a couple and there are many more. Thank you again for your love of Angels and your generous contribution . . .* — Love and Hugs, Jim

*I purchased a bunch of her books when this came out, and have been giving them out to people everywhere... all ages, lives, wishes, wants. everyone has loved it and gleaned incredible insights from all that she shares of her 20+ years experience working with people. can't recommend it enough!* — Sunmoon

*Lots of great and accessible information. Interesting summaries on herbs and each organ with a positive outlook. Easy to read and absorb all of the information.* — Porter, acupuncturist, Hawaii